

Awakening – 2.0

When you awaken, you begin to see your life through new eyes. You begin to feel a sense of wonder and excitement and find yourself feeling more alive. You begin to ask questions like “Who am I?” and “What is my purpose?” For those of us, who have lost our spouse, the loss can create a great transformation in us. I know this was definitely the case for me. This transformation can cause you to expand and to open up to the possibility that there may be more to life than you previously thought.

You start to see this experience as a new beginning. And ultimately see each day as a new beginning. You become open to new experiences and to new possibilities. There are no limits to what you can create or as to how you can now step forward into your life. The possibilities are endless.

In other words, when you go through chaos or a challenge in your life, it pushes you toward your spiritual awakening, it causes you to “wake up”.

Right now, here in physical form, you are using your body, but your body is not who you are. It is a vehicle that you use for your spiritual awakening, self-realization, and for your journey here on earth. You are here to learn, grow, to discover who you are, as well as realize that you are part of a collective whole.

When you truly awaken, you are able to begin to detach from the unimportant things. To begin to quit worrying so much and putting so much emphasis on the things in your life that, in reality, are insignificant and can lead you to feeling stressed and depressed.

The more you awaken on this journey, the more you will begin to see some of the evidence of it, that is listed below, in this PDF. Some of these are more advanced and they will open up for you as you progress further on your journey. Right now, we just want to bring an awareness to the possibilities.

You begin to look beyond what everyone else sees. You look at other people and life in a new way. This helps you to extend love to all of life. When you do this, you start opening up, and making things happen. Things that you never thought could happen.

Your whole life begins changing. You see things and the world differently. You see how restricted people are because of their rules and beliefs. But you don't judge it, you just observe it. You begin to feel freedom because you no longer feel the need to be right. You just realize that this is what they are experiencing right now, and you don't judge.

You recognize that there is an intelligence in the Universe that exists in everything that lives. You become compassionate toward all forms of life. You are able to develop a love for others and re-kindle a deep love for yourself. You even begin to feel love toward those you considered your enemies.

Your personal ethics and standards begin to change, and you step away from situations where you feel controlled. Or for others to try to control you. You begin to see yourself as a higher consciousness and don't feel the need to be defined by the labels we place on ourselves.

You begin to see problems in a new light. You see them as opportunities to see how you can handle it. Knowing that you can work it out and make your way through it. You create an energy shift toward

them that helps you to get through them easier. The more you do this, the easier it gets.

You begin to look at things differently and have new approaches. This is because you are stepping away from looking at them with the same rigidity and restrictions that you did in the past. You become open to things that you know nothing about. You are, also, now open to look at things in a new way and receive a new understanding.

You begin to feel at one with others and a connection to them. You see them through a perspective of connection rather than separation. You love them for who they are and don't try to convince them to be the way you want them to be.

The events and activities that you are interested in changes. You begin to focus on the things that have meaning to you and are a priority. You follow your own inner guidance and no longer look to others for the answers. You rely on yourself and your own truth.

You start to enjoy your relationship with yourself and see yourself as being part of something greater. You enjoy alone time where you can work on you, be with your own thoughts and work on the things that are important to you.

You appreciate everything that you love and don't focus on what is missing. You know that you are part of all that is, which is love, peace, and harmony.

You are able to face the craziness in the world and in your life without being as bothered by it. You are able to recognize that it is all part of the divine order to help you awaken.

You start feeling so good that you don't want to turn back. You are reaching the place where you are only letting the good in. You are

letting in new ideas. You know that you are part of the positive force in the Universe. That you can create anything that you want in your life. You know that everything happens for a reason and that you are continuously growing and expanding.

This journey that we are on is part of the Divine's plan that leads us to a heightened spiritual awareness and then to self-realization or enlightenment.

You want to begin to reflect and figure out what you want out of life. The point of awakening is self-realization and to be living in a state of joy. You can have all of the material things, but your motive is to be happy and live in a state of joy.

Your higher self tries to push you away from the things that are not in alignment with the higher version of yourself. It is trying to push you toward more self-reliance. To push you to pursue your dreams. To do the things that will make you truly happy.

You want to awaken and begin to live from the place of your true self. Where you realize that all of your fears are not really that big of a deal. You start to pursue your best life possible and what it means to you.

You shift away from the concept of just believing what you see and shift to the concept that you will see it when you believe it.