

Vibration

Everything in the Universe is made up of energy. Even the things that appear solid like a table or a car are energy. They are just vibrating at a very slow speed, so they appear solid. If you were to break them, or any other object, down into very tiny particles and place them under a high-powered microscope, you would be able to see that the particles are in motion. Thus, confirming that they are made up of energy. The understanding of this is important because it is the foundation of all of the concepts that we are studying. It is knowing that there is a vibrational current that runs through everything in the universe. It is the basis of everything. Most people are unaware that this even exist. But regardless of knowing, everyone is affected by it.

Like everything else in the Universe, you too are made up of energy. You are a vibrational being and you transmit out a vibrational signal. You are broadcasting your signal at all times.

Not only are you a vibrational being but everything in the environment and in your experience is vibrational and emits a vibrational frequency. You are able to understand the physical world through vibration. You use your senses to help you translate the world around you. You are continuously picking up signals through your sight, sound, touch, smell, and taste and interpreting them. But your best interpreter of your vibration is through your emotions. Using your emotions and following them, is the best guidance system that you can use to help you to navigate through your life. By paying attention to the way you feel you can climb the vibrational scale. You can move toward the things that feel good and learn to pivot from those that do not.

As you broadcast your signal out into the Universe, you are picking up things that are of the same signal or vibration. One way to help you understand this is by using a radio or TV as an example. You turn your radio or TV to a station that broadcasts a matching signal from their tower. The channel is set to a specific frequency and that is the frequency that is picked up. You then see or hear the broadcast coming from that station. So, the radio or TV frequencies must match. This is the same with Law of Attraction, you are putting out a certain vibration or frequency and you are receiving a match back.

Your circumstances change around you based on the signal that you are emitting. So basically, your present moment and future moments are affected by the signal that you are transmitting right now. The vibration that you are transmitting is a powerful energy. It is the same energy that creates worlds and right now it is creating your world. You have an emotional guidance system inside of you and it helps you to understand the strength, power and direction of your energetic focus. It also helps you to understand how aligned or misaligned you are and where your thoughts fall on the vibrational scale. So, basically the way that you feel is your indicator of your alignment with source.

Your vibration attracts things that are a vibrational match. Whatever you have your attention on or the thoughts that you are thinking is an indicator to you, in that moment, what your vibration is lined up with.

So, you have to be in vibrational frequency with the things that you desire. For example, if you say that you want companionship but you are vibrating at a frequency of loneliness, you are only going to attract more loneliness to you. You must find ways to keep yourself in the same vibrational frequency as the things you want to manifest into your life.

When you understand and master your vibration, you will never again feel like a victim or step back into victim mode. You are no longer worried about unwanted things coming into your life. You begin to step into the knowing that you have control over your life experience. That you have the power to create your desires. Your desires arise from the contrasting life experience and those desires can be achieved by you.