

Enhancers to the Manifesting Process

These are additional things that can be done along with your Vision Board to help increase the manifesting process. And to help keep your desires forefront in your mind.

In addition to the affirmations that you create to go along with your “Big Dream”, your “Piece of Paradise Narrative” and the self-love ones, you can create affirmations that help to keep you on track. Like “It is working.” “The Universe is on my side.” “Everything that I desire is on its way to me.” “Everything is working out for me.” “Every day I am getting closer.” “Every day it gets easier.”

Write out your affirmations. The more you say them, over and over in your mind, the more they sink in. The more they replace limiting thoughts and eventually wipe them out. You do not even need to know what those limiting beliefs are. Keep visualizing and keep affirming and it will overwrite all of the limiting beliefs that you have been carrying around.

The affirmations are the truths that you are instilling in your mind. They will also help for you to believe that you are worthy of everything that you are manifesting. The affirmations are new thoughts that you are thinking. The new thoughts will eventually become a belief. Which will become reality. So, the more you do this, the more you will start to see the changes happening around you.

The ultimate affirmation, though, is expressing gratitude. Gratitude not only for the things you have but for the things that are on their way to you. You can do the affirmations anytime during the day. Good time to try to incorporate them in is when you wake up and before you go to sleep. You don’t even have to say what you are feeling gratitude for.

The more you are thankful, the more that you will see to be thankful for. And the more the Universe will send you things to be thankful for.

Place inspiring quotes where you can see them. These will help to keep you on track throughout the day. Manifestations happen because of the intensity of the emotion that accompanies it. So, the more intense the emotion is around it, the easier it is to manifest. The inspiring quotes help you to keep your feelings and emotions elevated. Change the quotes out for new ones as you feel inspired to.

Place notes all around your space that say how amazing and how powerful you are. Let these be constant reminders.

You can also do acts to help bring this into fruition. Write a check to yourself for a large sum of money. It is for you to look at, not to cash. Write a love letter to the partner you are manifesting. If writing a book, write a letter to your publisher. Write an email or a letter to a friend telling them about all of the amazing things that are going on in your life. Once again, not to be sent. You are using your imagination and pretending as if the things that you desire are already here. You can also write a letter to the Universe thanking them for sending you all of the amazing things in your life. Acting as if it is happening now or has already happened.

You can also do a “What if” activity that helps you to believe that it is possible for you. For example, if you are manifesting abundance and you don’t see it yet, try to do one thing that helps you feel like you already have it. Like go to a nice dinner or buy a splurge item.

You are a magnificent manifestor. You are stoking the fire of your manifesting when you add in a Vision Board, Affirmations, inspiring quotes and memes. These visioning tools can help to get you there.

They help you to create the vibration of this is who you really are. That or better is where you are going.

Remember that in the beginning you may not see any evidence, but it is working. When you are traveling, you can't see your destination when you begin but you know where you are going is there. You are just traveling to it and bringing it closer to you. So, stay the course and follow your guidance or intuition. Follow your inspired action steps. Keep looking at your Vision Board. Say your affirmations. Post quotes, memes, and notes. Do small acts that show evidence. Do "what if" demonstrations. And before you know it, you will arrive at your destination. It is working. You are getting closer every day. And it gets easier.