

LLJ Group Call – 1-10-23 and 1-12-23 Synopsis

We discussed stories of people who have achieved their dreams by keeping their eye on the prize. That is keeping their focus on their dream and on what they want. Believing that it can be no other way for them. Living like what you want is already happening. That it can't be any other way than the way that you want it to be.

Keep your eye focused on what it is that you want. (Keep your eyes focused on the prize.) See it as "It is done". And that you can get what you want. It is all unfolding; you just need to do your part through inspired action. Ask and listen to what you are being called to do.

We discussed the old energy that is around you that you are wanting to clear out and release. Releasing the old energy allows room for the new energy to come in. We want to feel free to let the old go. The old energy that is no longer feels good to you. If it feels old or stagnant, or heavy, it is time to let it go. You don't have to help onto anything. You are letting go and moving toward what you want. You are deciding and you are consciously creating. You are letting go and stepping into what it is that you want.

Leave the past in the past. It is no longer needed. Cut it off and be done with it. This opens us up to receive. You don't want your past to define you. Your past does not define you. You get to decide how you want to move forward. You want to move forward and get out of your comfort zone.

This year we are on a Journey of Adventure, Joy, Fun, and Love!

Each of you are stepping into being who you authentically are. And as you do, you start attracting all of the things that you want to you. As you step into being who you truly are, you change your vibration. Your

vibration is then a match for the things that you desire, the things that you are focused on to come to you.

Whatever you want, stick to your vision of it.

Assume the best no matter what.

Don't be afraid to walk away from what does not serve you. To walk away from what no longer resonates with you in your life.

You want to continue to stay focused on taking steps toward the new energy that you are stepping into. You want to be open to taking inspired action steps to help you continue to take those steps forward.

You always want to be in Alignment before you take any inspired action steps.

Alignment First – Then Forward Inspired Action Steps

You do not want to take any action unless it is inspired action.

Want to get into a Meditation practice of 5-10 minutes a day to get yourself into a place where you can begin to feel your guidance and to get hits on the direction that you need to be taking.

Want to be in the Receiving Mode. You want to receive from the Universe. Not only in receiving all of the good things that you desire. But also, receiving guidance and inspiration from the Universe. The guidance is always coming to us, we just always recognize it or hear it, or feel it. We want to begin receiving inspiration for stepping into who we want to become. We want to receive from the Universe.

We want to practice being a receiver.