

Law of Attraction Philosophies of Law of Attraction Teachers/Experts

Abraham-Hicks:

Abraham-Hicks stresses the concept of "Vibrational Alignment". According to them, you attract what you are in vibrational resonance with. If you want to attract positive experiences, you need to "tune your frequency" to match those experiences. This involves practicing positive emotions, such as love, joy, and gratitude, as they align you with your desires. Their teachings focus on the concept of alignment with your "Vortex" of creation.

Some of the key points from Abraham-Hicks' teachings related to the Law of Attraction:

1. Law of Attraction: Central to their teachings is the idea that like attracts like. If you focus on positive thoughts, you'll attract positive experiences, and vice versa with negative thoughts.
2. Emotional Guidance System: According to Abraham-Hicks, your emotions serve as a guide to tell you whether you're in alignment with your desires. Positive emotions suggest alignment, while negative ones suggest misalignment.
3. Art of Allowing: This is the process of being open and ready to receive what you desire. It's about aligning yourself with your desires and maintaining a positive mindset, letting the Universe deliver your wants.

4. Vortex of Creation: Abraham-Hicks speaks of the Vortex as a spiritual space where all that you've asked for exists. You must align with your Vortex to allow the manifestation of your desires.

5. Focus on Desire, Not Lack: They emphasize focusing on the fulfillment of your desires, rather than their absence. The Universe responds to the feelings you foster; if you focus on lack, you'll attract more lack.