

Allowing Abundance

According to Abraham-Hicks, allowing money to come to you involves releasing resistance, trusting the process, and staying in alignment with the energy of abundance. Here are some key points from their teachings on allowing money to flow into your life:

1. Release resistance: Resistance occurs when your thoughts and emotions are focused on lack, worry, or doubt. To allow money to come to you, it's essential to let go of these negative feelings and shift your focus to thoughts of abundance and positivity.
2. Trust the process: Abraham-Hicks teaches that the universe is always responding to your thoughts and emotions. When you maintain a positive mindset and trust that the universe will provide, you create an environment that allows money to flow to you more easily.
3. Focus on feeling good: The better you feel, the more you are in alignment with the energy of abundance. By finding ways to feel good and maintain a high vibrational state, you allow money to come to you naturally.
4. Don't force or control: Trying to control how and when money comes to you can create resistance and block the flow of abundance. Instead, be open to receiving money in unexpected ways and trust that it will arrive at the perfect time.
5. Practice gratitude and appreciation: Appreciating what you already have and expressing gratitude for it helps to maintain a positive mindset, which in turn allows money to flow more easily into your life.
6. Focus on the end result: Rather than getting caught up in the specific steps needed to manifest money, concentrate on the feelings associated with having the abundance you desire. This will help you stay aligned with the energy of wealth and prosperity.