

Alignment

When you are aligned, you feel good. When you are aligned, you are aligned with Source with your inner being inside. When you are aligned, the solutions to your problems come to you. You will be guided toward the resolution. When you are aligned, you will be guided to things that you desire. If you can keep your vibration high, what you desire can always occur. You learn to get out of your own way. Follow the signs. It invites the highest outcome. You start to trust. You are lifting your vibration above the turbulence. Here all things are possible. Here all things can come into fruition. You are no longer limited to what your conditioned mind thinks is possible.

When you are aligned, you're in the flow with everything, with the Universe. When you are in the flow, Source can use anything and anyone to provide. The right actions and connections can come from anywhere.

Vibrational alignment is aligning the vibration within your Being only. It doesn't have anything to do with what is going on around you or outside of you. Or what anyone else around you is doing.

We cannot control what anyone else around us is doing nor can we or should we ask them to do things to please us. Even if they wanted to, they are not capable of Being in a way that consistently feels good to you. The only way that you can feel good is to align the energy inside of you. To align with what feels good.

When you feel misaligned and not feeling good it is because your thoughts are not aligned with the desire that your Inner Being has lined up with and has become. You are not aligned with your true self. You have pulled yourself out of balance.

When you have a desire about how you want something to be (from the contrast that you have experienced) your inner being lines up with the vibration of that desire and becomes a match to that desire. When you are moving towards that desire you feel good, when you don't you feel bad. When it does not feel good, you are out of vibrational alignment. When you're out of vibration alignment, you are not able to solve the problem or take action that will lead to a solution. The best solution is to find emotional relief when you're feeling bad about something. Look for a way to feel better. When you are able to feel some relief, you're on your way to alignment.

Vibration alignment is always checking back into how it feels. Do you feel good, or do you feel bad? If you feel good, you are moving towards alignment. When you feel bad, you're moving away from alignment.

Your emotions, whether you feel good or not, is your vibrational indicator of the relationship of the vibration between you and your inner being. They indicate the degree of your alignment.

The more you feel in alignment with who you really are, from the perspective of your higher self, the void that you have inside is filled by your own love and light.

There is no lack of anything in the universe, you can have whatever you want, you just have to be in alignment with it.

You are creating alignment in your life, even in moments where it does not feel in alignment, as you're finding your way. Understand that as an aspect of your life does not feel good there is something much greater wanting to be expressed. It is your indicator that it's time to release your focus upon what is not working and to focus upon the greater vision that is before you.

The moment you decide you are no longer willing to tolerate anything less than your connection to your higher self; when you choose to do whatever it takes to get reconnected to your source, when you're willing to surrender your resistance... That is the moment your life works!

When you are in alignment you are living on purpose. You feel amazing, you feel joy in the moment, and you feel excited about your future. You feel connected to all, to the Universe, to Source. You feel whole, in harmony and balance and fulfilled. Things in your life feel in the flow. You are living in the higher vibrations of love, joy, peace, and gratitude. This is what we are all striving for, and with practice, desiring to experience in our life.

One of Wayne Dyer's famous quotes is – “When you change the way you look at things, the things you look at change.” You can see and experience a whole new world changing right before your eyes. Where you re-connect to source energy and live a life of joyful well-being.

Throughout your day, you are going to have negative thoughts show up. What you want to work on is to release those thoughts when they show up and replace them with positive, empowering thoughts that are aligned with what you desire. Keep in mind that your thoughts, feelings, and beliefs effect your future reality.

Being in alignment is key to getting everything that you want and desire.

When you are aligned with what you want, it shows up.

In simple terms when you are lined up or aligned with what you want in your life, it shows up. When you are aligned you are open for amazing things to come to you and show up in your life. You are in a space where whatever is aligned with your vibration can come to you.

In the Law of Attraction, like attracts like, so you want to be in vibrational alignment with what you are wanting to attract into your life.

You are human so you do not stay in the high vibration or frequency all the time. You go up and down and that is okay. What you want to remember is that your dominant vibration, that you have throughout the day, is what you are an energetic match for and that is what you are going to attract into your life.

So, you want to try to live from the higher energy levels of what you desire. Where you are really immersing yourself into the feeling of what it is that you desire. Where you feel as if you already have it. Then to take inspired action steps from that place where you are in alignment with what you desire.