

Afterlife

This is a topic that may not resonate with all but never-the-less, I feel that it is a very important topic for most of us. So, if this does not resonate with you or make sense to you, please keep an open mind and be open to the possibility that there may be some truth in it. Even if it does not ring true for you right now, it may later on down the line. So, like I said, please try to remain open.

When you are hit with grief, it can be so devastating that it can suck the joy out of your life and can make every day functioning extremely difficult. But the burden of grief can feel lighter, and you can feel some relief from it, when you grasp the understanding and the knowing that our loved one's consciousness continues on after they leave this earth plane. This can provide you with a feeling of hope and you can even begin to feel more alive again.

So, basically what I am saying, is that your loved one is not "dead". They are very much alive and thriving in the nonphysical. When they left this physical realm, they shed their physical, human body. But their soul, who they really are, is very much alive and all around you. They are with you, watching over you and are still very much a part of your life. It is just that most of the time, you cannot see them in this non-physical form that they are now in. Their passing does not end the love that they have for you or the love that you have for them.

It helps to move forward when you know that your loved one still exists in the Universe and that it is possible for them to communicate with you and be on this journey forward with you.

They are always sending you their love and trying to communicate with you. They send signs that they are with you and that they are okay.

Sometimes, though, it can be very difficult for us to see these signs. The more open that we become to it, the easier that it becomes.

We are addressing this, though, because we want for you to know that it is okay for you to move forward in your life. One of the easiest and hopefully most believable ways for me to relay to you, that it is okay and that our loved ones want us to move forward, is by attaching a reference from a famous medium on this topic. The attached passage is from Karen Noe's book *We Consciousness*. In the book she is communicating with the spirit of Dr. Wayne Dyer. Dr Dyer was a famous non-fiction author and speaker in the self-help area. He talked about spirituality and the afterlife while he was in physical form.