

## **Exercise: What Would You Love?**

Think about what you would REALLY LOVE to be, do, have, give, or create if nothing was holding you back—not your age, not money, not time, not your education, not what you know or don't know, and not your past experiences.

| <u>Area of Life</u>                                            | <u>What Would You Love</u> |
|----------------------------------------------------------------|----------------------------|
| Health & Well-Being                                            |                            |
| Love & Relationships                                           |                            |
| Career & Creative Activities                                   |                            |
| Financial Freedom & Time Freedom<br>(Includes Home and Travel) |                            |
| Spiritual & Personal Development                               |                            |