

My Commitment Statement:

To begin, you want to make a commitment to yourself. That you are all in and committed to designing and building a life that you love. That you are committed to becoming who you want to be, the authentic person that you are. Cross that line and declare to yourself and the Universe that you are all in. That you are going to play big, believe in yourself, and do this.

Write your Commitment Statement below. You can start it with the following statement if you choose.

“I commit to being all in and giving 100% participation to the dream I am building. I commit to taking inspired action to live the life I love.”

At the end of your “Commitment Statement” make sure that you sign it, date it. You can note the time too.